

Georgetown University Hospital
Division of Infectious Disease
TRAVEL CLINIC

Enjoy your trip, but let us help keep you safe and healthy.

More Than Just Vaccines

The best thing you can do when you travel is learn the risks and take steps to protect yourself.

Georgetown's Infectious Disease specialists can also diagnose and treat ill foreign travelers who return with fever, rash, or diarrhea.

We are a *certified* Yellow Fever Vaccination Center and we have a comprehensive line of vaccines in stock for international travel.



Georgetown's Travel Clinic

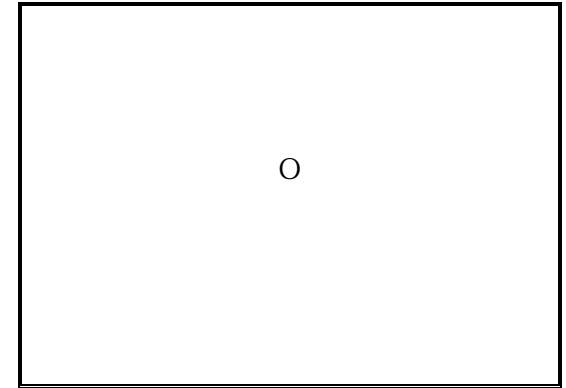
With increasing foreign travel, the threat of developing illness from disease not seen in the US is growing, and may be relatively unfamiliar to most healthcare providers.

Unusual illnesses can occur even in areas we generally think of as safe, such as the Caribbean, Eastern Europe, or even Hawaii. ***Protect Yourself***

Who We Serve

- Travelers with special health needs
- Business travelers
- Adventure travelers
- Students studying abroad
- Overseas missions
- Returning travelers with illness or rash
- Cruise ship travelers
- Foreign-born nationals

**GEORGETOWN
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TRAVEL CLINIC

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**Helping you stay safe overseas
and arrive home healthy**

202-687-6845



GEORGETOWN TRAVEL CLINIC

..... *BEFORE YOU TRAVEL*

The best time to schedule an appointment is 6-8 weeks before you travel so that vaccination series can be completed. However, it is better to come even one day before your trip than after it's too late.

Let us help you plan *in advance* for problems that might come up on your trip.

Vaccinations – There are lists of generically recommended vaccines, but your real risk depends on *your* specific travel plans and medical history. We can determine which vaccines are right for you.

Travelers' diarrhea – This affects up to 40% of travelers to tropical climates, but there are medications we can prescribe to get you out of your hotel room (or latrine) and back enjoying your trip.

Insect-borne diseases – Many different strategies can be used to reduce the risk of some diseases like malaria. We give customized recommendations based on your individual health and travel plans.

Your consultation is always led by a board certified Infectious Disease physician, and you can expect...

Detailed discussion of your medical history, travel itinerary, planned activities, and specific style of travel

Review of your prior vaccination history to see what past shots are still effective

Prescriptions (for malaria prophylaxis, travelers' diarrhea, altitude sickness, etc.) and a review of your current medications to assure no interactions

Detailed advice with written information about keeping yourself healthy, including...

- Insect/animal safety
- Food and water safety
- Health topics specific to your destination

Appropriate vaccinations given the same day as your consultation and documented on the International Certificate of Vaccination

What To Bring To Your Visit

1. Vaccination records
2. List of medications & allergies
3. Travel itinerary details

Frequently Asked Questions

1. What if I am returning from abroad?

As board certified Infectious Disease specialists, we have expertise in diagnosing and treating illnesses acquired overseas. We will fit you into our schedule in an emergency situation.

2. I've already traveled to/lived in the region that I'm visiting, do I really need shots and medicine?

The number of trips increases the risk of acquiring diseases. Many vaccinations need boosting to provide continued protection against illness. Travelers visiting friends and relatives are among those at highest risk for getting potentially preventable diseases.

3. I'm staying at a first class hotel in the tropics; am I really at risk?

According to the World Health Organization, most cases of Hepatitis A occur in travelers staying in middle and upper level lodging, so be prepared.

4. Does private insurance cover travel medicine services?

Coverage of travel services is sporadic and varies by plan. Patients are encouraged to submit their bill to their insurance carriers after their visit. Pre-travel care is a good investment in your health and in your trip.